

Rialto Unified School District

Sep 2, 2024 thru Sep 6, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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Generated on: 8/23/2024 4:06:42 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/02/2024																
ELEMENTARY LUNCH, CH HOLIDAY	Total SERVING	1														
		1	0	0	0	0.00	0.00	0.0	0	0.00	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2024																
ELEMENTARY LUNCH, CH	Total	7500														
CORN DOG, CHX '22	1 EACH	5500	239	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9	9.23	2.51	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
BEANS, BLACK SEASONED-2012	1/2 CUP	3000	126	0	323	9.50	2.68	52.0	48	4.15	*0	8.32	22.99	0.43	0.11	*0.00
SALAD 3/WAY, '23	servings	7500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
CARROT, sticks '22	Serving	7000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	.5 oz	4500	17	0	125	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.34	0.0	0.00	*N/A*
MUSTARD	.5 oz	1000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	6500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			533	38	1068	9.16	3.53	429.8	4058	10.09	*45	23.09	87.88	10.14	2.55	*0.00
											*33.8%	17.3%	66.0%	17.1%	4.3%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 2, 2024 thru Sep 6, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2024																
ELEMENTARY LUNCH, CH	Total	7500														
Elbow, Alfredo, Cheesy '24	1 CUP	5000	155	7	216	2.16	1.03	137.6	69	0.43	*0	8.61	24.68	2.46	1.06	*0.06
Roll, dinner, white, wht Galassos	1 each	5000	150	0	270	3.00	1.80	80.0	15	0.0	3	7.0	29.0	2.0	0.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	500	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	500	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	500	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	500	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	500	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	6000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
CUCUMBER, SLICED 2021	serving	6000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
GRAPES, Fresh	serving	6500	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	5000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	5500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			575	18	750	6.07	3.81	618.7	3448	8.67	*48	23.06	100.22	11.08	2.40	*0.04
% of Calories											*33.6%	16.0%	69.7%	17.3%	3.8%	*0.1%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/05/2024																
ELEMENTARY LUNCH, CH	Total	7500														
Pozole, Red Turkey'22 CK	14 oz	3300	157	26	1313	2.22	1.60	19.8	628	2.11	*1	12.02	17.28	3.9	1.57	*0.00
TORTILLA CHIPS-2021	SERVING	3300	280	0	200	6.00	3.60	80.0	200	0.0	*N/A*	4.0	38.0	12.0	2.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	840	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	840	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	840	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	840	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	840	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
CABBAGE, SHREDDED	Serving	7500	13	0	9	1.31	0.25	21.0	51	19.22	2	0.67	3.05	0.05	0.02	0.00
LEMON WEDGES	Quarter	7500	17	0	1	1.60	0.36	10.0	0	30.6	*N/A*	0.6	5.0	0.2	0.00	0.00
JICAMA STICKS	Serving	5500	25	0	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
FRUIT MIX, Extra Light Syrup	serving	5500	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	2500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			643	23	1086	11.70	5.40	655.3	1433	60.42	*54	21.13	112.55	11.44	2.85	*0.00
% of Calories											*33.7%	13.1%	70.0%	16.0%	3.7%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/06/2024																
ELEMENTARY LUNCH, CH																
	Total	7000														
	1 EACH	3000	343	60	1178	4.04	2.71	267.3	175	3.2	4	23.84	35.58	13.39	2.96	*0.16
	Grinder, Ham&cheese-EI-'24															
	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
	Yogurt, Vanilla w/crack-DW '24															
	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
	Yogurt, Straw w/crack-DW '24															
	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
	Yogurt, Cher-Van w/crack-DW '24															
	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
	Yogurt, Peach w/crack-DW '24															
	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
	Yogurt, Str-Ban w/crack-DW '24															
	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
	SALAD 3/WAY, '23															
	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
	Green Beans, Can-Season-2014															
	1/2 cup	5500	28	0	243	2.37	1.09	33.6	509	6.18	*0	1.47	6.12	0.12	0.04	*0.00
	APPLES,Fresh															
	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
	Pears, In Extra Light Syrup															
	serving	5500	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
	DRESSING, RANCH 1oz. '23															
	ounces	2000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
	SANDWICH SPREAD (GOOP).5 Ooz															
	serving	2000	6	1	11	0.00	0.00	0.0	0	0.0	0	0.0	0.14	0.67	0.11	*0.00
	MILK,1% DW 2024															
	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	MILK,NF Chocolate DW 2024															
	1 EACH	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	Weighted Daily Average		647	37	1172	10.06	4.60	714.0	3856	15.03	*64	24.93	113.63	12.17	2.51	*0.07
	% of Calories										*39.6%	15.4%	70.3%	16.9%	3.5%	*0.1%
	Nutrient Guideline		550-650		1230									<=30.0	<10.00	

Weighted Average			600	29	1019	9.25	4.33	604.5	3199	23.55	*53	23.05	103.57	11.21	2.53	*0.03
											*79.4%	15.4%	69.1%	16.8%	3.8%	*0.0%

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Rialto Unified School District

Sep 2, 2024 thru Sep 6, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	600		550 - 650		100%													
Cholesterol (mg)	29																	
Sodium 1 (mg)	1019		1230		83%													
Sodium 1a (mg)	1019		1110		92%													
Fiber (g)	9.25																	
Iron (mg)	4.33																	
Calcium (mg)	604.5																	
Vitamin A (IU)	3199																	
Sugars (g)	53	35.27%				Missing												
Vitamin C (mg)	23.55																	
Protein (g)	23.05	15.38%																
Carbohydrate (g)	103.57	69.09%																
Total Fat (g)	11.21	16.82%	<=30.00%															
Saturated Fat (g)	2.53	3.80%	<10.00%															
Trans Fat ¹ (g)	0.03	0.04%				Missing												

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Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

Generated on: 8/23/2024 4:07:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/09/2024																
ELEMENTARY LUNCH, CH	Total	7000														
FISH STICKS, POLLOCK -2013	SERV.(4 sticks)	6000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt,Cher-Van w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
POTATO FROZEN,FRNCH-2021	SERVING	4000	120	0	40	1.00	0.72	0.0	0	0.0	0	2.0	20.0	3.5	0.50	0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
APPLES,Fresh	1 EACH	3200	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
STRAWBERRIES: frozen unswtnd.	servings	5500	39	0	2	2.32	0.83	17.7	50	45.53	5	0.48	10.09	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	1 oz	4500	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			530	55	729	7.30	3.12	380.6	3435	43.26	39	26.90	86.07	8.81	1.28	*0.00
% of Calories											29.8%	20.3%	65.0%	15.0%	2.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Tue - 09/10/2024																
ELEMENTARY LUNCH, CH	Total	7000														
Chicken Tenders, WG 2017	Serving	6000	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0	8.0	2.00	0.00
Cracker, Cheez-It Wh.Gr.-2013	pkg	6000	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt,Cher-Van w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	200	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
BARBEQUE BEANS -2012	1/2 CUP	3500	194	0	782	6.77	2.06	63.3	306	1.51	*9	8.04	45.49	0.63	0.12	*0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
TOMATOES, GRAPE-2023	1/2 CUP	5500	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
BANANAS	1 EACH	4000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	.5 oz	5500	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			632	39	1296	9.02	4.70	462.2	4503	92.26	*41 *25.9%	28.11 17.8%	98.55 62.3%	14.99 21.3%	3.62 5.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/11/2024																
ELEMENTARY LUNCH, CH Meatball Grinder, Beef 2017	Total Serving(5 piece)	7500 6000														
Yogurt, Str-Ban w/crack-DW '24	SERVING	300	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	300	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	300	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	300	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	300	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
CELERY STICKS 2021	serving	5500	16	0	89	1.78	0.22	44.6	500	3.45	1	0.77	3.31	0.19	0.05	0.00
GRAPES, Fresh	serving	7500	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	7500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	5500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			704	69	1348	7.49	5.43	710.9	4241	19.88	*47 *26.8%	37.48 21.3%	94.01 53.4%	22.99 29.4%	7.82 10.0%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/12/2024																
ELEMENTARY LUNCH, CH BURRITO,TKY BEAN & CHSE-2 022	Total SERVING	6500 2500														
			502	42	990	13.05	4.36	362.3	328	6.87	*4	24.73	60.85	18.89	7.08	*0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
JICAMA STICKS	Serving	3000	25	0	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
Blueberries, Frozen	Serving	5000	40	0	1	2.09	0.14	6.2	36	1.94	7	0.33	9.43	0.5	0.04	0.00
FRUIT MIX, Extra Light Syrup	servings	5000	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, Low Sodium	1 oz	3000	10	0	32	0.41	0.64	3.2	156	1.14	*N/A*	0.43	1.98	0.05	0.01	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			709	30	901	11.69	4.88	766.7	3534	14.41	*62	23.86	118.38	15.67	4.43	*0.00
% of Calories											*35.0%	13.5%	66.8%	19.9%	5.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/13/2024																
ELEMENTARY LUNCH, CH	Total	7500														
Nacho Delx W/ 3bnCHILI, chz2023	SERVING	5500	461	30	520	9.22	5.07	311.5	802	3.57	*2	14.75	51.05	21.82	8.04	*0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	4000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
CARROT, sticks '22	Serving	4000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, LaVictoria 2017 2oz	Serving	4000	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	5500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average % of Calories			657	34	940	9.78	5.00	642.4	3089	11.94	*39 *23.9%	21.99 13.4%	91.81 55.9%	22.47 30.8%	7.27 10.0%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			646	46	1043	9.05	4.63	592.6	3760	36.35	*46 *63.7%	27.67 17.1%	97.76 60.5%	16.98 23.7%	4.88 6.8%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	646		550 - 650	100%				
Cholesterol (mg)	46							
Sodium 1 (mg)	1043		1230	85%				
Sodium 1a (mg)	1043		1110	94%				
Fiber (g)	9.05							
Iron (mg)	4.63							
Calcium (mg)	592.6							
Vitamin A (IU)	3760							
Sugars (g)	46	28.30%			Missing			
Vitamin C (mg)	36.35							
Protein (g)	27.67	17.13%						
Carbohydrate (g)	97.76	60.51%						
Total Fat (g)	16.98	23.65%	<=30.00%					
Saturated Fat (g)	4.88	6.80%	<10.00%					
Trans Fat' (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/16/2024																
ELEMENTARY LUNCH, CH	Total	6400														
CHICKEN,OVEN ROASTED	2 OZ	4000	136	50	56	0.02	0.72	8.7	91	0.03	*0	15.51	0.15	7.71	2.15	*0.00
Roil, dinner,white,wht Galassos	1 each	4000	150	0	270	3.00	1.80	80.0	15	0.0	3	7.0	29.0	2.0	0.00	0.00
POTATO,MASHED,IDAHO REA L 2020	Servings	4000	23	0	91	0.26	0.08	8.6	1	0.0	0	0.52	4.65	0.13	0.00	0.00
Yogurt,Vanilla w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt,Cher-Van w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	4000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Green Beans, Can-Season-2014	1/2 cup	4000	28	0	243	2.37	1.09	33.6	509	6.18	*0	1.47	6.12	0.12	0.04	*0.00
APPLES,Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	5200	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			566	43	828	7.31	4.06	547.8	3205	10.54	*45 *32.0%	27.32 19.3%	88.26 62.4%	12.68 20.2%	2.65 4.2%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/17/2024																
ELEMENTARY LUNCH, CH	Total	7000														
ENCHILADA,SCRATCH,beef24ct	1 Ser(24 ct	4000	184	27	281	1.91	1.59	49.0	297	2.1	*1	10.08	20.21	6.99	2.15	*0.22
Yogurt,Vanilla w/crack-DW '24	SERVING	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt,Cher-Van w/crack-DW '24	SERVING	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	SERVING	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	600	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
BEANS, PINTO SEASONED-2012	1/2 CUP	6000	84	0	217	3.70	1.31	34.7	145	3.13	*1	5.06	15.21	0.33	0.06	*0.00
SALAD 3/WAY, '23	servings	6500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
CUCUMBER, SLICED 2021	serving	6500	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
BANANAS	1 EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
DRESSING, RANCH	1 oz	6225	65	6	150	0.03	0.02	18.0	1	0.16	*1	0.52	2.01	7.1	1.19	*0.00
Salsa, Low Sodium 2oz	servng	5000	20	0	64	0.82	1.27	6.4	312	2.28	*N/A*	0.85	3.97	0.11	0.02	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			627	31	894	9.12	5.26	592.9	4261	17.84	*48	24.64	103.22	14.30	3.32	*0.13
% of Calories											*30.4%	15.7%	65.9%	20.5%	4.8%	*0.2%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/18/2024																
ELEMENTARY LUNCH, CH	Total	6400														
Ch-Burger w/WhWheat Bun-'24EL	1 EACH	4000	295	46	730	3.40	3.23	166.0	163	0.0	5	22.09	31.5	10.3	3.75	*6.30
Yogurt, Vanilla w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
LETTUCE, SHREDDED	Serving	4000	10	0	7	0.86	0.30	13.0	361	2.02	1	0.65	2.14	0.1	0.01	0.00
CARROT, sticks '22	Serving	4000	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
GRAPES, Fresh	serving	4000	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
APPLESAUCE, UNSWEETNED	serving	4000	26	0	1	0.67	0.14	2.4	18	0.61	6	0.1	6.87	0.06	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
CATSUP	.5 oz	2000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MUSTARD	.5 oz	2000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
MILK, 1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	5200	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			556	40	972	5.32	4.06	583.5	1359	4.25	52	26.32	86.63	13.19	3.69	*3.94
% of Calories											37.1%	18.9%	62.3%	21.4%	6.0%	*6.4%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/19/2024																
ELEMENTARY LUNCH, CH	Total	9000														
Chicken, Curried '24	SERVINGS	5000	122	45	532	1.46	0.32	39.8	3382	2.51	*3	13.19	6.26	4.83	1.56	*0.00
Rice, Brown, Steamed '24	1 cup	5000	232	1	226	2.13	0.77	11.7	1	0.65	*0	4.69	45.5	3.24	0.50	*0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	800	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	4000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
JICAMA STICKS	Serving	4000	25	0	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
ORANGE WEDGES '23	SERVING	4000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
SLUSH, TROPICAL TRIO '23	container s, 4oz	4000	80	0	5	0.00	0.00	0.0	85	90.0	17	0.0	20.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	7500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			624	41	906	6.29	2.70	575.5	4187	71.78	*51	22.92	101.66	14.38	3.16	*0.00
% of Calories											*32.4%	14.7%	65.1%	20.7%	4.6%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/20/2024																
ELEMENTARY LUNCH, CH	Total	8000														
RAVIOLI, WG CHEESE-'24	Serving	6000	339	77	856	4.36	3.86	321.1	908	13.06	*6	23.09	44.89	9.37	4.05	*0.00
bread, stick '23	1 each	6000	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	6000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BROCCOLI, raw: fresh	Serving	6000	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
APPLES, Fresh	1 EACH	6000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PINEAPPLE, IN JUICE	Serving	6000	54	0	1	1.18	0.25	14.5	45	8.51	13	0.46	14.08	0.1	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	6000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			716	71	1129	9.52	5.71	676.2	4090	54.63	*55	30.71	113.96	17.49	5.07	*0.00
% of Calories											*30.8%	17.2%	63.7%	22.0%	6.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			618	45	946	7.51	4.36	595.2	3420	31.81	*50 *72.9%	26.38 17.1%	98.75 63.9%	14.41 21.0%	3.58 5.2%	*0.81 *1.2%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	618		550 - 650	100%				
Cholesterol (mg)	45							
Sodium 1 (mg)	946		1230	77%				
Sodium 1a (mg)	946		1110	85%				
Fiber (g)	7.51							
Iron (mg)	4.36							
Calcium (mg)	595.2							
Vitamin A (IU)	3420							
Sugars (g)	50	32.39%			Missing			
Vitamin C (mg)	31.81							
Protein (g)	26.38	17.08%						
Carbohydrate (g)	98.75	63.94%						
Total Fat (g)	14.41	20.99%	<=30.00%					
Saturated Fat (g)	3.58	5.21%	<10.00%					
Trans Fat ¹ (g)	0.81	1.18%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/23/2024																
ELEMENTARY LUNCH, CH	Total	9000														
TACO GRANDE, TURKEY-2022	1 EACH	7000	381	55	508	2.00	*1.80	*100.0	12	*0.0	*2	21.38	33.49	18.93	7.24	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
LETTUCE, SHREDDED	Serving	5000	10	0	7	0.86	0.30	13.0	361	2.02	1	0.65	2.14	0.1	0.01	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	5000	83	0	189	3.65	1.28	33.3	32	2.48	*1	5.02	15.13	0.32	0.06	*0.00
APPLES, Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Salsa, LaVictoria 2017 2oz	Serving	5000	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	5000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	7500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			657	53	1066	6.98	*3.45	*481.5	1180	*9.89	*41	30.08	88.95	21.19	6.83	*0.00
% of Calories											*24.8%	18.3%	54.2%	29.0%	9.4%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/24/2024																
ELEMENTARY LUNCH, CH	Total	7000														
Chicken, Teriyaki, Yangs '22	serving	5000	115	70	330	0.00	0.72	0.0	30	0.0	6	15.0	6.0	3.5	1.00	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	5000	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
BROCCOLI, raw: fresh	Serving	5000	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00
BANANAS	1 EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Pears, In Extra Light Syrup	serving	5000	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	ounces	3000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Sep 23, 2024 thru Sep 27, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			542	63	716	6.33	2.56	443.3	3295	39.49	*52	25.60	92.21	9.26	2.12	*0.00
% of Calories											*38.5%	18.9%	68.0%	15.4%	3.5%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Wed - 09/25/2024																
ELEMENTARY LUNCH, CH	Total	7500														
LASAGNA, W/ BEEF SAUCE'23	1 piece	5100	314	47	478	2.10	3.02	325.5	597	8.55	*3	21.8	32.82	10.46	5.35	*0.00
Roll, dinner,wh.wheat Galassos	1 each	5100	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Yogurt,Vanilla w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt,Cher-Van w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt,Peach w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	480	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	5500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
Green Beans, Can-Season-2014	1/2 cup	5000	28	0	243	2.37	1.09	33.6	509	6.18	*0	1.47	6.12	0.12	0.04	*0.00
Pears, In Extra Light Syrup	serving	5500	60	0	5	2.00	0.00	0.0	60	1.2	12	0.0	16.0	0.0	0.00	0.00
GRAPES,Fresh	serving	7500	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
DRESSING, RANCH 1oz. '23	ounces	7500	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	5500	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			718	48	1058	7.51	5.19	739.8	3938	17.72	*59	30.19	112.71	18.41	5.76	*0.00
% of Calories											*33.1%	16.8%	62.8%	23.1%	7.2%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

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Rialto Unified School District

Sep 23, 2024 thru Sep 27, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2024																
ELEMENTARY LUNCH, CH	Total	9000														
PIZZA, DOMINOS 14" WG Chz, slice '24	servings	7000	240	15	460	3.00	2.00	540.0	0	0.0	3	21.0	28.0	8.0	3.50	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
CAKE, CHOCOLATE, WHT FR OST	1 EACH	8000	259	0	164	2.17	1.12	11.3	102	0.01	*26	2.61	40.3	10.86	2.27	*0.00
SALAD 3/WAY, '23	servings	8000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
TOMATOES, GRAPE-2023	1/2 CUP	6000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
STRAWBERRIES: frozen unswtnd.	serving	6000	39	0	2	2.32	0.83	17.7	50	45.53	5	0.48	10.09	0.12	0.01	0.00
DRESSING, RANCH 1oz. '23	ounces	8000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			720	25	899	7.59	4.34	809.5	3951	41.02	*56 *31.3%	29.50 16.4%	104.67 58.2%	24.73 30.9%	6.45 8.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Fri - 09/27/2024																
ELEMENTARY LUNCH, CH	Total	7000														
Bean and cheese Pupusa '24	1 each	5000	320	15	526	6.00	1.42	232.0	3513	19.33	*3	13.96	41.43	11.12	3.53	*0.00
Yogurt, Vanilla w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Straw w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Cher-Van w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
Yogurt, Peach w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	80.0	6.0	1.00	0.00
Yogurt, Str-Ban w/crack-DW '24	SERVING	400	400	5	385	4.00	4.00	590.0	60	0.0	41	8.0	79.0	6.0	1.00	0.00
SALAD 3/WAY, '23	servings	5000	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00
JICAMA STICKS	Serving	6500	25	0	0	3.00	0.36	0.0	5	12.0	1	0.0	6.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
DRESSING, RANCH 1oz. '23	ounces	4000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
Salsa, LaVictoria 2017 2oz	Serving	4000	19	0	340	0.00	0.00	0.0	9	6.8	2	0.0	3.78	0.0	0.00	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Sep 23, 2024 thru Sep 27, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			586	24	960	10.34	2.75	595.6	5543	35.54	*43	21.45	92.38	14.87	3.99	*0.00
% of Calories											*29.1%	14.6%	63.0%	22.8%	6.1%	*0.0%
Nutrient Guideline			550-650		1230									<=30.0	<10.00	

Weighted Average			645	43	940	7.75	*3.66	*614.0	3581	*28.73	*50 *70.2%	27.36 17.0%	98.19 60.9%	17.69 24.7%	5.03 7.0%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	645		550 - 650	100%				
Cholesterol (mg)	43							
Sodium 1 (mg)	940		1230	76%				
Sodium 1a (mg)	940		1110	85%				
Fiber (g)	7.75							
Iron (mg)	3.66				Missing			
Calcium (mg)	614.0				Missing			
Vitamin A (IU)	3581							
Sugars (g)	50	31.20%			Missing			
Vitamin C (mg)	28.73				Missing			
Protein (g)	27.36	16.98%						
Carbohydrate (g)	98.19	60.92%						
Total Fat (g)	17.69	24.70%	<=30.00%					
Saturated Fat (g)	5.03	7.03%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Sep 30, 2024 thru Sep 30, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
Mon - 09/30/2024																	
ELEMENTARY LUNCH, CH TERIYAKI BEEF DUNKERS	Total SERVING (4each)	7500	5500	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7	6.5	2.60	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	5500	97	1	133	1.12	0.44	2.9	1	0.44	*0	2.79	19.61	0.98	0.04	0.00	
YOGURT,Hollan,Ras,w/crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	75.0	8.5	2.50	0.00	
YOGURT,HollanPeachw/crack-2017	SERVING	500	410	10	405	4.00	4.00	286.0	2560	0.0	37	10.0	75.0	8.5	2.50	0.00	
YOGURT,Strawberry W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	287.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00	
YOGURT,Strw-Ban,W/Crack-2017	SERVING	500	410	10	410	4.00	4.00	288.0	2560	0.0	36	10.0	76.0	8.5	2.50	0.00	
SALAD 3/WAY, '23	servings	7500	12	0	9	0.31	0.22	3.9	2949	4.17	1	0.55	2.69	0.03	0.00	0.00	
BROCCOLI,raw: fresh	Serving	7000	15	0	15	1.18	0.33	21.4	283	40.59	1	1.28	3.02	0.17	0.05	0.00	
APPLES,Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00	
PEACHES, Diced Xtra Lite Syrup	serving	4000	60	0	10	0.00	0.00	0.0	300	1.2	0	0.0	14.0	0.0	0.00	0.00	
DRESSING, RANCH .50oz	Servings	1000	32	3	65	0.01	0.01	8.9	1	0.08	0	0.26	0.99	3.55	0.59	*0.00	
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00	
MILK,NF Chocolate HOLL.2017	1 EACH	6500	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00	
Weighted Daily Average			520	36	662	5.95	3.82	382.8	4643	47.57	*45	25.10	88.37	8.90	2.96	*0.00	
% of Calories											*34.4%	19.3%	68.0%	15.4%	5.1%	*0.0%	
Nutrient Guideline			550-650		1230									<=30.0	<10.00		

Weighted Average			520	36	662	5.95	3.82	382.8	4643	47.57	*45	25.10	88.37	8.90	2.96	*0.00
											*77.4%	19.3%	68.0%	15.4%	5.1%	*0.0%

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Rialto Unified School District

Sep 30, 2024 thru Sep 30, 2024

Base Menu Spreadsheet

ELEMENTARY LUNCH, CHOICES

Portion Values - Detailed

Page 2

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*									
Calories	520		550 - 650														
Cholesterol (mg)	36																
Sodium 1 (mg)	662		1230														
Sodium 1a (mg)	662		1110														
Fiber (g)	5.95																
Iron (mg)	3.82																
Calcium (mg)	382.8																
Vitamin A (IU)	4643																
Sugars (g)	45	34.39%				Missing											
Vitamin C (mg)	47.57																
Protein (g)	25.10	19.33%															
Carbohydrate (g)	88.37	68.05%															
Total Fat (g)	8.90	15.41%	<=30.00%														
Saturated Fat (g)	2.96	5.13%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

*Data comparisons are not available for one or two day selections

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